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# YOGA GEM FOR WOMEN

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## YOGA GEM FOR WOMEN

The book is divided into three. Yoga a gem for women presents a detailed, practical guide for the yoga student who wants to go deeper with her practice of Hatha Yoga. In 2002 Geetaji toured Europe teaching and lecturing in many countries. Yoga: A Gem for Women and a great selection of similar Used, New and Collectible Books available now at AbeBooks.com. Auto Suggestions are available once you type at least 3 letters. Click to read more about Yoga: A Gem for Women by Geeta S

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## Other Useful References

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### Yoga Nidra Bihar Yoga

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